## **CLAIMS**

- 1. A heat reflection device for footwear, the device comprising a first layer of fluid-impervious material, a second layer of fluid-impervious material and a sac arranged between the first and second layers, the sac containing a heat reflective material therein; in use the device is positioned in relation to the sole of the footwear so the at least some heat conducted or convected through the sole is reflected away from a foot of a wearer of the footwear.
- 2. The device according to claim 1 wherein the heat reflective material is a mixture having a quantity of heat reflective powder or particulate and a quantity of thickening agent.
- 3. The device according to claim 2 wherein the heat reflective powder or particulate is one or a combination of two or more materials selected from titanium dioxide, zirconium and zinc oxide.
- 4. The device according to claim 2 or 3 wherein the powder or particulate is between 10 to 50% of the mixture.
- 5. The device according to any one of claims 2 to 4 wherein the powder or particulate is of paint grade particle size.
- 6. The device according to any one of claims 2 to 5 wherein the mixture having a quantity of fluid so that it is flowable.
- 7. The device according to any one of claims 2 to 6 wherein the heat reflective powder or particulate is one or a combination of two or more materials selected from titanium dioxide, zirconium and zinc oxide.
- 8. The device according to any one of claims 2 to 7 wherein the powder or particulate is between 10 to 50% of the mixture.
- 9. The device according to any one of claims 2 to 8 wherein the powder or particulate is of paint grade particle size.
- 10. The device according to any one of claims 2 to 9 wherein the thickening agent is between 30 to 90% of the mixture.
- 11. The device according to any one of claims 1 to 10 wherein the thickening agent is one or a combination of two or more materials selected from bentonite, attapulite and celluloses.

- 12. The device according to claim 6 wherein the fluid is added to a quantity so that the mixture is of a flow quality that allows the device to provide a therapeutic effect on the foot when the sac is pressed.
- 13. The device according to any one of claims 1 to 12 wherein the device is formed to be generally in the shape of a foot and the sac extending from about the heel region to about the toe or ball region of the foot.
- 14. The device according to claim 18 wherein the first and second layers are flexible and made of an impervious material.
- 15. The device according to claim 14 wherein the impervious material is Polyurethane or another plastic material 1-4
- 16. The device according to any one of claims 13 to 15 wherein the device is reversible so that either surface of the first and second layers can be used.
- 17. The device according to any one of claims 13 to 16 wherein the layers are sealingly joined around the edges thereof by adhesive, fusion, welding or any other known technique.
- 18. The device according to claim 17 wherein radio frequency (RF) welding is employed for the joining the edges.
- 19. The device according to claim 17 or 18 wherein the sac is also formed during joining of the edges and the sac extending to about the ball region
- 20. The device according to claim 19 wherein the device having an additional joint extending substantially laterally in the ball region.
- 21. The device according to any one of claims 1 to 20 wherein the device is a sole or a removable inner sole for the footwear.
- 22. The device according to claim 21 wherein the sole or the inner sole having spaced markings for different shoe sizes so that it can be trimmed according to a marking for a desired size.

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